

KATE CHERICHELLO TENTE

www.katecherichello.com

(908) 763-8330

kcherich@gmail.com

Seeking an on-camera host or interview-based role, especially in a community-focused program, in the NYC/NJ area.

EXPERIENCE

Be The Good with Kate: Creator & Host, weekly program, over 140 episodes and counting

ON NJ: *NJ Morning Show* Co-Host & News Updates Sub, MeTV

Townsend Press: On-Camera Host for Writing Curriculum

Hunterdon Strong: Host of live televised event for Hunterdon County, NJ

SportsGuru App: Scripted and unscripted segments about and with sports fans in NYC

Lehigh Valley's *Freddy Awards*: Commercial throws live on-air, WFMZ-TV

As a stage performer, sang, danced, and acted all over the country. Very adept at working under all sorts of conditions, changes with short to no notice, and 'giving it 110%' no matter what.

Full performing training and experience resume upon request

EDUCATION/TRAINING

Butler University:

B.S. Arts Administration cum laude; Minor: Voice; Study Abroad: Ireland

Coursework: Writing for Print Media, American Visions, Special Events, Marketing, Accounting

Recognized as a Butler 'Top Ten' Students

Honors Program, Alpha Chi Omega Wellness Chair, Campus Tour Guide,

Campus Climate Advisory Committee: working directly with the dean regarding Butler's future

Upright Citizens Brigade Improv

Global Young Leaders Conference

Classes/Coachings: Barbara Barna Abel, Sean DeSimone, Scott Wojcik

SKILLS ETC.

Extremely quick study and hard worker

Perceptive

Go with the flow attitude

Just as comfortable taking charge as taking command

Ease on camera

Calm in the chaos

Making people feel welcomed

Strong speech and public speaking background

Teleprompter

Outstanding organization and attention to detail

Improv, ad-libbing

Wide array of leadership training

Reputation for always looking to the positive

OTHER

Arts & Non-profit Work: Equity Actor, Development at Roundabout Theatre & Irish Repertory Theatre,

Arts Administration degree, Junior Board Emeritus of The New York Foundling

Certified Fitness Professional: Personal Training, Pilates, CPR/AED

Lover of Musicals, Sports, Fitness, Home Design, & Community Involvement

References available.

KATE CHERICHELLO 2.

BIO

Kate Cherichello is a host, performer, and certified fitness professional. She is creator and host of the weekly podcast, *Be The Good with Kate*, where guests share their journey to finding their passions and helping others along the way.

Be The Good with Kate inspires each week with guests from across the globe, including a Broadway music director, ex-convict, hospital clown, nonprofit leaders, people who've lost those closest to them, people who have found their calling in their 60s, and even Kate's Kindergarten teacher.

As a performer, Kate has toured with the USO Show Troupe, Jersey Boys, and Broadway Tonite, and performed in numerous productions across the country. She has appeared in commercials, television shows, and films.

By incorporating manageable and impactful changes each day, Kate inspires others to live their healthiest lives. She trains and coaches in-person and virtually, and brings health and wellness expertise to business and corporate settings.

For more, including clips and interviews, visit www.katecherichello.com